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KEVIN KEATTS BASKETBALL CAMP

(<https://www.coachkeattscamps.com>)

Skill Development Camp Sample Schedule

Saturday, June 10th Day 1	
Time	Event
8:00am - 9:00am	Check In at Reynolds
9:00am - 9:15am	Introduction/Coach Introduction/Meet Staff Health and Safety standards and expectations
9:15am - 9:20am	Stretch
9:20am - 10:40am	Shooting Stations Breakdown into different age groups
10:40am - 10:50am	Concession Break
10:50am - 11:00am	Breakdown into teams
11:00am - 11:45am	5 on 5 man games
11:45am - 1:00pm	Lunch
1:00pm - 1:15pm	Walk Back Over To Carmichael
1:15pm - 1:20pm	Stretch
1:20pm - 2:30pm	Position work
2:30pm - 2:40pm	Concession Break
2:40pm - 3:30pm	5 on 5 zone games
3:45pm - 4:00pm	Closing Remarks/Dismissal

Sunday, June 11th Day 2	
Time	Event

8:00am - 9:00am	Check In at Reynolds
9:00am - 9:15am	Introduction/Coach Introduction/Meet Staff
9:15am - 9:20am	Stretch
9:20am - 10:40am	Shooting Stations
10:40am - 10:50am	Concession Break
10:50am - 11:00am	Breakdown into teams
11:00am - 11:45am	5 on 5 man games
11:45am - 1:00pm	Lunch
1:00pm - 1:15pm	Walk Back Over To Carmichael
1:15pm - 1:20pm	Stretch
1:20pm - 2:30pm	Position work
2:30pm - 2:40pm	Concession Break
2:40pm - 3:30pm	5 on 5 zone games
3:45pm - 4:00pm	Closing Remarks/Dismissal

#STATEMENT

(<https://www.adidas.com/us/basketball>)

CONNECT



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CONTACT US

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